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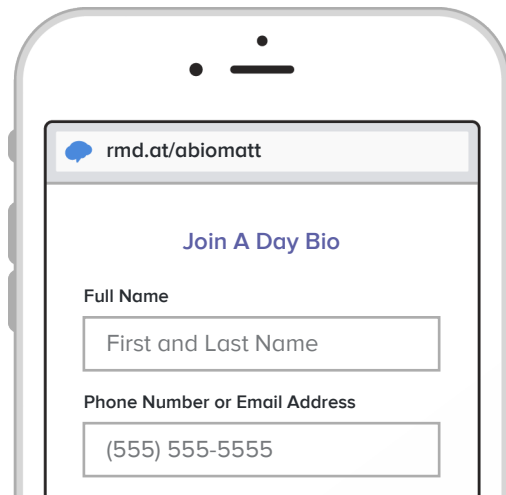
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A If you have a smartphone, get push notifications.

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Follow the instructions to sign up for Remind. You'll be prompted to download the mobile app.



B If you don't have a smartphone, get text notifications.

Text the message **@abiomatt** to the number **81010**.

If you're having trouble with **81010**, try texting **@abiomatt** to **(678) 929-5923**.

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